

STARTERS

SOUP OF THE DAY W GFA

HOMEMADE SOUP, SERVED WITH TOASTED SOURDOUGH BLOOMER AND BUTTER.

ALLERGENS: DAIRY, GLUTEN

GARLIC CHILLI PRAWNS GFA EXTRA €3

SUCCULENT KING PRAWNS PAN-FRIED IN GARLIC BUTTER WITH FRESH RED CHILLIES, SERVED WITH TOASTED BREAD

ALLERGENS: CRUSTACEANS, DAIRY, GLUTEN

CREAMY GARLIC MUSHROOMS U



WILD MUSHROOMS SIMMERED IN A CREAMY GARLIC SAUCE, SERVED WITH TOASTED SOURDOUGH BLOOMER.

ALLERGENS: DAIRY, GLUTEN

PANZANELLE V



Fresh homemade dough strips, golden and warm, served with your choice of garlic OR MARIE ROSE DIP. A COMFORTING AND SHARABLE STARTER ALLERGENS: GLUTEN, EGG, MUSTARD

SOURDOUGH BRUSCHETTA V



Toasted sourdough bloomer, topped with heirloom tomatoes, basil, and olive oil and MOZZARELLA.

ALLERGENS: GLUTEN, DAIRY

HALLOUMI V (1)

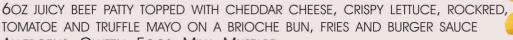




DESCRIPTION: GRILLED HALLOUMI SEASONED MOROCCAN-STYLE, WITH MIXED LEAVES AND DRESSING.

ALLERGENS: DAIRY,

BEEF CHEESEBURGER GFA



ALLERGENS: GLUTEN, EGGS, MILK, MUSTARD

BURGER TOPPINGS: HAGGIS £1.89 BACON £1.89 MACARONI CHEESE £1.89

CHICKEN STROGANOFF GFA

TENDER STRIPS OF CHICKEN BREAST COOKED IN A CREAMY PAPRIKA AND MUSHROOM SAUCE, FINISHED WITH DIJON MUSTARD, SERVED WITH FLUFFY RICE OR FRIES

ALLERGENS: DAIRY, MUSTARD

BEEF STROGANOFF GFA EXTRA €5

STRIPS OF TENDER BEEF COOKED IN A RICH PAPRIKA AND MUSHROOM CREAM SAUCE WITH A HINT OF DIJON MUSTARD, SERVED WITH FLUFFY RICE OR FRIES.

ALLERGENS: DAIRY, MUSTARD

SALT & PEPPER CHICKEN NOODLES-

Tender Chicken Strips Stir-Fried with Peppers and Onions, tossed in a rich teriyaki and SOY SAUCE GLAZE WITH EGG NOODLES FINISHED WITH TOASTED NUTS.

ALLERGENS: GLUTEN, SOY, EGGS, NUTS

90Z FILLET STEAK (H) EXTRA £ 15

PRIME 90Z FILLET STEAK, GRILLED TO YOUR LIKING, SERVED WITH CHUNKY CHIPS, TENDER ASPARAGUS, AND YOUR CHOICE OF CREAMY WILD MUSHROOM OR PEPPER SAUCE. ALLERGENS: MILK, SULPHITES

13 OZ SIRLOIN STEAK (☐) EXTRA £ 10

PRIME 130Z SIRLOIN STEAK, GRILLED TO YOUR LIKING, SERVED WITH CHUNKY CHIPS, TENDER ASPARAGUS, AND YOUR CHOICE OF CREAMY WILD MUSHROOM OR PEPPER SAUCE. ALLERGENS: MILK, SULPHITES

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STIR-FRIED CHICKEN BREAST WITH PEPPERS AND ONIONS IN A SPICY, CREAMY TOMATO SAUCE. SERVED WITH YOUR CHOICE OF PASTA, GARLIC BREAD AND PARMESAN ALLERGENS: GLUTEN, DAIRY

ARRABBIATA PASTA GFA

Pasta tossed in a spicy tomato and garlic sauce with red chilli and olive oil. Served with your choice of pasta, garlic bread and parmesan Allergens: Gluten, Dairy

IMPERIALE PASTA GFA

Creamy tomato pasta with touch of chilli. Served with your choice of pasta, garlic bread and parmesan Allergens: Gluten, dairy

ALFREDO PASTA GFA

Creamy parmesan sauce, tossed through past served with your choice of pasta, garlic bread and parmesan Allergens: Gluten, dairy

SEAFOOD PASTA GFA EXTRA €5

Prawns, mussels, and squid in a Garlic, brandy, and tomato sauce. Served with your choice of pasta, garlic bread and parmesan Allergens: Crustaceans, molluscs, fish, gluten, dairy

SIDE DISHES

SKIN-ON FRIES

CRISPY AND GOLDEN FRIES WITH THE SKINS LEFT ON FOR EXTRA FLAVOUR AND TEXTURE.

Allergens: none

CHIPS
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THICK-CUT CHUNKY CHIPS, FLUFFY ON THE INSIDE AND CRISP ON THE OUTSIDE. ALLERGENS: NONE

ASPARAGUS

LIGHTLY CHARGRILLED ASPARAGUS SPEARS, FINISHED WITH SEA SALT AND OLIVE OIL.

LIGHTLY CHARGRILLED ASPARAGUS SPEARS, FINISHED WITH SEA SALT AND OLIVE OIL. ALLERGENS: NONE

MACARONI CHEESE

CLASSIC ELBOW PASTA IN A CREAMY CHEESE SAUCE, TOPPED WITH MELTED CHEESE CRUST.

ALLERGENS: GLUTEN, DAIRY

PARMESAN MASHED POTATOES

SMOOTH MASHED POTATOES BLENDED WITH BUTTER AND PARMESAN FOR A RICH, SAVOURY FINISH.

ALLERGENS: DAIRY
TENDERSTEM BROCCOLI

STEAMED TENDERSTEM BROCCOLI WITH A LIGHT GARLIC BUTTER GLAZE. ALLERGENS; DAIRY

ONION RINGS £ 4.00

CRISPY BATTERED ONION RINGS, PERFECT FOR SHARING OR SNACKING. ALLERGENS: GLUTEN

DESSERTS

STICKY TOFFEE PUDDING CHEESECAKE BRULEE ICE CREAM /VANILLA, STRAWBERRY,

Chocolate, or Pistachio/

Dietary request Transcription

- * Diabetic
- * Vegetarian and Vegan diets
- * Allergies and intolerances
- * Nut allergies
- * Lactose free
- * Gluten free etc.

V -Vegetarian

Wallable - Vegan available

🕕 - Gluten Free

GFA - Gluten Free available

£ 5.00

ACTICS and GENTS lunch do

AVAILABLE EVERY DAY 11:30-14:00

GLASS OF HOUSE WINE 175 ML, PROSECCO 175 ML OR BOTTLE OF CORONA Upgrade to any cocktail for extra $\pounds 4$ and to pint of Peroni for extra $\pounds 2$

*2 courses meal with 2 drinks £28.50

SOUP OF THE DAY W GFA



HOMEMADE SOUP, SERVED WITH TOASTED SOURDOUGH BLOOMER AND BUTTER.

ALLERGENS: DAIRY, GLUTEN

GARLIC CHILLI PRAWNS GFA EXTRA €3

Succulent king prawns pan-fried in garlic butter with fresh red chillies, served with

TOASTED BREAD

ALLERGENS: CRUSTACEANS, DAIRY, GLUTEN

CREAMY GARLIC MUSHROOMS (LA)



WILD MUSHROOMS SIMMERED IN A CREAMY GARLIC SAUCE, SERVED WITH TOASTED SOURDOUGH BLOOMER.

ALLERGENS: DAIRY, GLUTEN

PANZANELLE V

Fresh homemade dough strips, golden and warm, served with your choice of garlic OR MARIE ROSE DIP. A COMFORTING AND SHARABLE STARTER

ALLERGENS: GLUTEN, EGG, MUSTARD

SOURDOUGH BRUSCHETTA V



Toasted sourdough bloomer, topped with heirloom tomatoes, basil, and olive oil and MOZZARELLA.

ALLERGENS: GLUTEN, DAIRY

HALLOUMI V (H)





DESCRIPTION: GRILLED HALLOUMI SEASONED MOROCCAN-STYLE, WITH MIXED LEAVES AND DRESSING.

ALLERGENS: DAIRY

BEEF CHEESEBURGER GFA

6OZ JUICY BEEF PATTY TOPPED WITH CHEDDAR CHEESE, CRISPY LETTUCE, ROCKRED, TOMATOE AND TRUFFLE MAYO ON A BRIOCHE BUN, FRIES AND BURGER SAUCE

ALLERGENS: GLUTEN, EGGS, MILK, MUSTARD

BURGER TOPPINGS: HAGGIS £1.89 BACON **£** 1.89 MACARONI CHEESE 1.89

CHICKEN STROGANOFF GFA

Tender strips of chicken breast cooked in a creamy paprika and mushroom sauce, FINISHED WITH DIJON MUSTARD. SERVED WITH FLUFFY RICE OR FRIES ALLERGENS: DAIRY, MUSTARD

BEEF STROGANOFF GFA EXTRA €5

STRIPS OF TENDER BEEF COOKED IN A RICH PAPRIKA AND MUSHROOM CREAM SAUCE WITH A HINT OF DIJON MUSTARD. SERVED WITH FLUFFY RICE OR FRIES.

ALLERGENS: DAIRY, MUSTARD

SALT & PEPPER CHICKEN NOODLES

Tender Chicken Strips Stir-Fried with Peppers and Onions, tossed in a rich teriyaki AND SOY SAUCE GLAZE WITH EGG NOODLES FINISHED WITH TOASTED NUTS. ALLERGENS: GLUTEN, SOY, EGGS, NUTS

90Z FILLET STEAK (☐) EXTRA £ 15



PRIME 90Z FILLET STEAK, GRILLED TO YOUR LIKING, SERVED WITH CHUNKY CHIPS, TENDER ASPARAGUS, AND YOUR CHOICE OF CREAMY WILD MUSHROOM OR PEPPER SAUCE. ALLERGENS: MILK, SULPHITES

13 OZ SIRLOIN STEAK (1) EXTRA £10



PRIME 130Z SIRLOIN STEAK, GRILLED TO YOUR LIKING, SERVED WITH CHUNKY CHIPS, TENDER ASPARAGUS, AND YOUR CHOICE OF CREAMY WILD MUSHROOM OR PEPPER SAUCE. ALLERGENS: MILK, SULPHITES



CHICKEN FAJITA PASTA GFA

STIR-FRIED CHICKEN BREAST WITH PEPPERS AND ONIONS IN A SPICY, CREAMY TOMATO SAUCE. SERVED WITH YOUR CHOICE OF PASTA, GARLIC BREAD AND PARMESAN ALLERGENS: GLUTEN, DAIRY

ARRABBIATA PASTA **GFA**

PASTA TOSSED IN A SPICY TOMATO AND GARLIC SAUCE WITH RED CHILLI AND OLIVE OIL. SERVED WITH YOUR CHOICE OF PASTA, GARLIC BREAD AND PARMESAN ALLERGENS: GLUTEN, DAIRY

IMPERIALE PASTA GFA

Creamy tomato pasta with touch of chilli. Served with your choice of pasta, garlic BREAD AND PARMESAN ALLERGENS: GLUTEN, DAIRY

ALFREDO PASTA GFA

CREAMY PARMESAN SAUCE, TOSSED THROUGH PAST SERVED WITH YOUR CHOICE OF PASTA, GARLIC BREAD AND PARMESAN Allergens: Gluten, Dairy

SEAFOOD PASTA GFA EXTRA €5

Prawns, mussels, and souid in a Garlic, brandy, and tomato sauce. SERVED WITH YOUR CHOICE OF PASTA, GARLIC BREAD AND PARMESAN Allergens: Crustaceans, Molluscs, Fish, Gluten, Dairy

SKIN-ON FRIES £ 4.50

Crispy and golden fries with the skins left on for extra flavour and texture. Allergens: None

CHIPS £ 4.50

THICK-CUT CHUNKY CHIPS, FLUFFY ON THE INSIDE AND CRISP ON THE OUTSIDE. ALLERGENS: NONE

ASPARAGUS £ 5.00

LIGHTLY CHARGRILLED ASPARAGUS SPEARS, FINISHED WITH SEA SALT AND OLIVE OIL. ALLERGENS: NONE

MACARONI CHEESE

CLASSIC ELBOW PASTA IN A CREAMY CHEESE SAUCE, TOPPED WITH MELTED CHEESE CRUST. ALLERGENS: GLUTEN, DAIRY

PARMESAN MASHED POTATOES

Smooth mashed potatoes blended with butter and parmesan for a rich, savoury finish. **ALLERGENS: DAIRY**

TENDERSTEM BROCCOLI £ 5.00

Steamed tenderstem broccoli with a light garlic butter glaze. Allergens: Dairy

ONION RINGS £ 4.00

CRISPY BATTERED ONION RINGS, PERFECT FOR SHARING OR SNACKING. ALLERGENS: GLUTEN

DESSERTS

STICKY TOFFEE PUDDING **CHEESECAKE** BRULEE

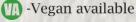
ICE CREAM

/VANILLA, STRAWBERRY, CHOCOLATE, OR PISTACHIO/

Dietary request

- **Transcription** * Diabetic
- * Vegetarian and Vegan diets * Allergies and intolerances
- * Nut allergies
- * Lactose free
- Gluten free etc.

V -Vegetarian



(H) - Gluten Free

GFA - Gluten Free available



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